References used in the book

*The Food Intolerance Handbook* by Sharla Race

For more information on food intolerance please visit

[www.foodcanmakeyouill.co.uk/](http://www.foodcanmakeyouill.co.uk/)


Alexander P. It could be ALLERGY and it can be CURED. Ethicare Pty Ltd 1990.


Babu BNH; Venkatesh YP. Clinico-immunological analysis of eggplant (Solanum melongena) allergy indicates preponderance of allergens in the peel. WAO Journal 2009;2(9):192-200.


Breneman J. Allergy elimination diet as the most effective gall bladder diet. Ann Allergy 1968;26:83.


Coca AF. Familial Nonreaginic Food Allergy. Charles C Thomas 1945.


Corinne A. Keet MD, MS; Elizabeth C. Matsui MD, MHS; Gitika Dhillon MD; Patrick Lenehan BS; Melissa Paterakis BS; Robert A. Wood MD. The natural history of wheat allergy. Annals of Allergy, Asthma and Immunology 2009, vol. 102, no. 5, pp. 410 – 415.


Davies E, Orton D. Contact urticaria and protein contact dermatitis to chapatti flour. Contact Dermatitis 2009 Feb;60(2):113-114.


De Paz Arranz S, Pérez Montero A, Remón LZ, Molero MI. Allergic contact urticaria to oatmeal. Allergy. 2002 Dec;57(12):1215.


Eriksson NE. Food sensitivity reported by patients with asthma and hay fever. A relationship between food sensitivity and birch pollen-allergy and between food sensitivity and acetylsalicylic acid intolerance. Allergy 1978;33(4):189-96.


Hoj L. Diagnostic value of ALCAT test in intolerance to food additives compared with double-blind placebo-controlled (DBPC) oral challenges. Presented at the 52nd Annual Meeting of the American Academy of Allergy, Asthma and Immunology, March 15-20, 1996, New Orleans.

Howanietz H, Lubec G. Idiopathic nephrotic syndrome, treated with steroids for five years, found to be allergic reaction to pork. Lancet 1985;2:450.

http://news.bbc.co.uk/1/hi/health/440610.stm

http://news.bbc.co.uk/hi/english/health/newsid_812000/812034.stm


http://www.cdc.gov/nchs/data/databriefs/db10.htm

http://www.coeliac.org.uk/coeliac-disease/what-is-coeliac-disease

http://www.which.co.uk/news/2008/08/food-allergy-tests-could-risk-your-health-154711/


Kagi, MK; Wuthrich, B. Falafel-burger anaphylaxis due to sesame seed allergy. Lancet 1991;338: 582.


Kim TE, Park SW, Noh GW, Lee SS. Comparison of Skin Prick Test Results between Crude Allergen Extracts from Foods and Commercial Allergen Extracts in Atopic Dermatitis by Double-Blind Placebo-Controlled Food Challenge for Milk, Egg, and Soybean. Yonsei Medical Journal 2002: 43(5); 613-620.


Kok YO, Yeoh KH, Wang DY. Effect of Diet Control in Food-Induced Allergic Rhinitis. Otolaryngol Head Neck Surg August 2010 vol. 143 no. 2 suppl P273-P274


Mandell M, Scanlon L W. Dr Mandell's 5-Day Allergy Relief System. Thomas Y Crowell 1979.


Niphadker PV, Patil SP, Bapat MM. Legumes, the most important food allergen in India. Allergy 1992;47:318.


Shannon WR. Neuropathic manifestations in infants and children as a result of anaphylactic reactions to foods contained in their diet. Am J Child Dis 1922;24:89-94.


Simon R A. Adverse reactions to food and drug additives. J Imm All Clinic NA 1996;16(1):137-76.


Stenius BSM, Lemola M. Hypersensitivity to acetylsalicylic acid (ASA) and tartrazine in patients with asthma. Clin Allergy 1976;6:119-129.


www.food.gov.uk/safereating/chemsafe/additivesbranch/sweeteners/55174


